

Junior High Electives

Comprehensive PE- Grade 7 **(one semester course: PED700)**

This interactive, highly animated course helps students learn safety rules for exercise, how to improve skills, and how to establish and accomplish goals. It also provides an overview of many dual, team, extreme, and outdoor sports.

Credits: Junior High 0.5 credits

Comprehensive PE- Grade 8 **(one semester course: PED800)**

Practicing game strategy to improve the chance of winning in competition, improving sport skill and performance, diversity in sports, nutrition, peer pressure, and making good choices balance out the topics students discover in this course. Fitness logs help students monitor physical activities. Students complete projects that lead to the knowledge, skills, and values they need to implement and maintain a physically active lifestyle.

Credits: Junior High 0.5 credits

Beginning Spanish **(Semester 1: SPA701A or Semester 2: SPA701B)**

In this course, students will learn basic Spanish phrases and vocabulary through interactive lessons that will include images, recordings and videos.

Credits: Junior High 0.5 credits per semester

Intermediate Spanish **(Semester 1: SPA702A or Semester 2: SPA702B)**

In this course, students will journey with our student traveler, Cristina, to Spain, Puerto Rico, Columbia, and Argentina. Cristina will share her experiences as students learn how to speak Spanish in many useful situations. New words and phrases will be introduced with pictures, audio clips, and videos. Students will learn how to greet people, introduce themselves, and speak about their family, home, food, sports, and more through interactive activities, reading, writing, listening, and speaking exercises.

Prerequisites: Beginning Spanish

Credits: Junior High 0.5 credits per semester

Spanish 1 **(Semester 1: SPA100A or Semester 2: SPA100B)**

Students will learn basic Spanish grammar to help build their fluency and understanding. There are many opportunities to practice what they learn through interactive practice activities in the form of games, written practice, listening, and speaking exercises.

Prerequisites: Grades 9-12 or Admin Approval

Credits: 0.5 credits per semester

Junior High Career Exploration I **(Semester 1: ELE750A or Semester 2: ELE750B)**

In Career Exploration, you'll explore careers in over fifteen different career areas. From the energy field to human resources and from law to transportation, you'll learn more about what careers are available and what you need to do to get there. In addition, you'll examine how to choose the career that is best for you based on your own unique personality and interests as well as how you can begin developing your leadership skills now. Career Exploration will help you prepare for your future now.

Credits: Junior High 0.5 credits per semester

Junior High Career Exploration II **(Semester 1: ELE760A or Semester 2: ELE760B)**

Imagine that it is 20 years from now. What career do you see yourself in? What do you imagine that you will be doing? Will you be fighting forest fires or engineering the next rocket into space? With all the careers available, it can be difficult to narrow them down. In Middle School Career Explorations 2 we'll explore more careers and what they take to succeed. You will learn more about what steps are needed to prepare for your career and how to compare the pros and cons of different career choices. Finally, you will get the chance to try out parts of different careers to see if you're a perfect fit.

Credits: Junior High 0.5 credits per semester

Junior High Journalism **(Semester 1: ELE770A or Semester 2: ELE770B)**

Are you someone who likes to get the story straight? Do you always want to know more? Who? What? When? Where? How? These are the details that make for a great story. Knowing how to find these key facts and then write them up in a way that makes it easy for others to read about it is the skill of a true journalist. In Middle School Journalism: Tell Your Story, you'll learn how ask the right questions, look for the details, and find the story in any situation. You'll learn how to gather information effectively, organize ideas, format stories for media production, and edit your articles. Get ready to break that news.

Credits: Junior High 0.5 credits per semester

Junior High Music Exploration **(Semester 1: ELE780A or Semester 2: ELE780B)**

What comes to mind when you hear the word 'music'? Do you think about your favorite band or artist? Do you think about instruments and scales and chords? The word 'music' means something different to everyone. This is why in Exploring Music there is a little bit of something for everyone! You will learn about how we hear music and how music affects our lives. You will explore important elements of music like rhythm, pitch, and harmony, as well as different musical genres. You will discover more about your singing voice and musical instruments and composition while taking in the history and culture of music over the years. Tune up your understanding and appreciation for all things music by signing up for this course.

Credits: Junior High 0.5 credits per semester

Junior High Photography **(Semester 1: PHO700A or Semester 2: PHO700B)**

This course introduces students to the basics of photography, including camera functions and photo composition. Students will learn what it takes to create a good photograph and how to improve photographs of animals, people, and vacations. They will also begin working with their photographs using photo-editing software. Through a variety of assigned projects, students will engage their creativity by photographing a range of subjects and learning to see the world through the lens of their cameras

Credits: Junior High 0.5 credits per semester

Junior High Digital Art and Design **(Semester 1: ART740A or Semester 2: ART740B)**

There are so many different types of art in this world—fine art, classical art, visual art—but the impact of digital art and design is all around us, often in ways that you probably are not even aware of! After taking Digital Art and Design, you will enjoy a deeper understanding and appreciation for all things digital as you explore this special genre of art found in everything from advertising to animation to photography and beyond. In this course, you will learn about the evolution of art, the basic principles of art and design, and the role of art in politics and society. Additionally, you will actually create your own digital art and make it come alive. Give your creative side a boost with this Digital Art and Design course.

Credits: Junior High 0.5 credits per semester

Link to Course Catalog: [24-25 COA Course Catalog](#)